IN THE SPECIFICATION

Please amend the paragraph beginning at page 3, line 9, as follows:

These and further objects are attained by salt tablets comprising between 97.5% and 98.8% of NaCl, iodine, K ions, Ca ions, and Mg ions, the ions being present as the chlorides and/or sulphates thereof, characterized in that said tablets are formed from dehydrated granules having a particle size distribution between 0.8 mm and 1.1 mm and in that [[sad]] said Mg ions are present in an amount between 0.4% and 0.9%, the percentages being by weight on a dry basis.